

2020 interCaribbean Painkiller Cup

Team Relay

| | | | |
|---|-----------------------------------|-----------|------------|
| 1 | Team STX St Croix | Kraft | Bill |
| | | Picard | Isabelle |
| | | Vaine | Jeramie |
| 2 | Team Crossfit St Thomas | Smith | Gilly Anne |
| | | Herman | Tristan |
| | | Alsop | Christian |
| 3 | Team FT Rye, NY | Alexander | Libby |
| | | Morrell | Josh |
| | | Blackwell | Tom |
| 4 | Team Bark St Thomas | Roy | Deirdre |
| | | Hatfield | Eric |
| | | Owens | Jake |
| 5 | Team 1776 St Croix/ St John | Hyatt | Andrew |
| | | Bosi | Meg |
| | | Jones | Arthur |

Mini-Painkiller Cup

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|----|------------|------------|-------------------|
| 1 | Duff | Brian | Tortola, BVI |
| 2 | Donovan | Lee | Tortola, BVI |
| 3 | Laing | Murray | Tortola, BVI |
| 4 | Laing | Saski | Tortola, BVI |
| 5 | Egan | Jonathon | Cleveland, OH |
| 6 | Schwatz | Richard | Evans, GA |
| 7 | Mills | Nathan | Tortola, BVI |
| 8 | Spivey | Mike | St John, VI |
| 9 | Zaveruhu | Christophe | Bostic, NC |
| 10 | Engel | Taylor | St John, VI |
| 11 | Beal | Liz | St John, VI |
| 12 | Bradley | Jenna | St John, VI |
| 13 | Wilson | Colin | Tortola, BVI |
| 14 | Shaner | Cameron | Tamoa, FL |
| 15 | Sorrentino | Zoe | Tortola, BVI |
| 16 | Spear | Stefanie | Tortola, BVI |
| 17 | Soulas | Alex | Richmond, VA |
| 18 | Ansaldo | Carolina | Tortola, BVI |
| 19 | Lally | Mo | St Thomas, VI |
| 20 | Kiernander | Helen | Tortola, BVI |
| 21 | Chiltern | Claire | Tortola, BVI |
| 22 | Kenel | Jacquelyn | Tortola, BVI |
| 23 | Wilkinson | Colin | Richmond, VA |
| 24 | Anderson | Connie | Eau Claire, WI |
| 25 | Zimmers | Lynn | St Pete, FL |
| 26 | Toppin | Nicole | Tortola, BVI |
| 27 | Meadows | Michael | Miami, FL |
| 28 | Smith | Bubba | Atlanta, GA |
| 29 | Smith | Mary Lou | Atlanta, GA |
| 30 | Fernandez | Rio | Bayamon, PR |
| 32 | Michaelson | Pedro | Virgin Gorda, BVI |
| 32 | Canadou | Blanca | Guadeloupe, FWI |
| 33 | Reil | Anne | Tortola, BVI |